## TRICARE Pharmacy Program Medical Necessity Form for Paxil CR, Prozac Weekly, Sarafem, and Wellbutrin XL

If the prescription is to be filled

CR.

(e.g., risk of destabilization).

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Non-formulary medications are available at

This form applies to the TRICARE Mail Order Pharmacy (TMOP) and the TRICARE Retail Pharmacy Program (TRRx) and may be found on the TRICARE Pharmacy website at <a href="https://www.tricare.osd.mil/pharmacy/medical-nonformulary.cfm">www.tricare.osd.mil/pharmacy/medical-nonformulary.cfm</a>. The medical necessity criteria outlined on this form also apply at Military Treatment Facilities (MTFs). The form must be completed and signed by the prescriber.

- Formulary alternatives for these medications include: bupropion sustained/immediate release, fluoxetine, and paroxetine immediate release; citalopram and Zoloft (sertraline); Effexor / Effexor XR (venlafaxine), mirtazapine, and nefazodone.
- Paxil CR, Prozac Weekly, Sarafem, and Wellbutrin XL are non-formulary, but available to most beneficiaries at a \$22 cost share.
   Other non-formulary antidepressants are Cymbalta and Lexapro.
- You do NOT need to complete this form in order for non-active duty beneficiaries (spouses, dependents, and retirees) to obtain non-formulary medications at the \$22 non-formulary cost share. The purpose of this form is to provide information that will be used to determine if the use of a non-formulary medication instead of a formulary medication is medically necessary. If a non-formulary medication is determined to be medically necessary, non-active duty beneficiaries may obtain it at the \$9 formulary cost share.
- Active duty service members may not fill prescriptions for a non-formulary medication unless it is determined to be medically necessary. There is no cost share for active duty service members at any DoD pharmacy point of service.

If the prescription is to be

_	may be faxed to 1-877-283-8075 of 1-602-586-3915 OR  The patient may attach the complet form to the prescription and mail it Express Scripts, P.O. Box 52150, Phoenix, AZ 85072-9954	r eted to:	tharmacy, check here The provider may call: 1-866-684-4488 OR The completed form may be faxed to 1-866-684-4477	<ul> <li>The prescription is written by a military provider or, at the discretion of the MTF, a civilian provider to whom the patient was referred by the MTF.</li> <li>The non-formulary medication is determined to be medically necessary.</li> <li>Please contact your local MTF for more information. There are no cost shares at MTFs.</li> </ul>			
		o expiration	date for approved medical nece	essity determinations.			
Ste	p   Please complete patien	Please complete patient and physician information (Please Print)					
1	Patient Name:		Physic	Physician Name:			
•	Address:		Addres	SS:			
	Sponsor ID #		Phone				
			Secure	e Fax #:			
Ste	Paxil CR (paroxetine control	Paxil CR (paroxetine controlled release)					
2	Please explain why the patie version of this product (paro:	Please explain why the patient cannot be treated with <b>any</b> of the formulary agents listed below, including the formulary version of this product (paroxetine immediate release). A specific explanation is required for <b>each</b> formulary agent.					
	Formulary Agent R	eason	Explanation				
	paroxetine immediate release 1 2	2 3 4 5					
	citalopram 1 2	2 3 4 5					
	generic fluoxetine 1 2	2 3 4 5					
	sertraline (Zoloft) 1 2	2 3 4 5					
	, ,			to the agent or an inert ingredient). mulary agent, but is expected to tolerate Paxil CR.			

Questions for Prozac Weekly, Sarafem, and Wellbutrin XL are on Page 2. For all products, please sign and date at the bottom of Page 2.

release due to predisposing factors for nausea (e.g., chemotherapy, GI disorder).

An adequate trial of the formulary agent resulted in therapeutic failure, but the patient is expected to respond to Paxil

The patient has previously responded to Paxil CR and changing to a formulary agent would incur unacceptable risk

The patient is likely to experience intolerable adverse effects when starting therapy with paroxetine immediate

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Step 2

Prozac Weekly (fluoxetine 90-mg capsules for weekly dosing for the maintenance of response in depression)

Please explain why the patient cannot be treated with **any** of the formulary agents listed below, including the formulary version of this product (generic fluoxetine given daily). A specific explanation is required for **each** formulary agent.

Formulary Agent	Reason	Explanation
generic fluoxetine	1 2 3 4	
citalopram	1 2 3 4	
paroxetine immediate release	1 2 3 4	
sertraline (Zoloft)	1 2 3 4	

- 1. The formulary agent is contraindicated (e.g., due to hypersensitivity to the agent or an inert ingredient).
- 2. The patient has experienced significant adverse effects with the formulary agent, but is expected to tolerate Prozac Weekly.
- 3. An adequate trial of the formulary agent resulted in therapeutic failure, but the patient is expected to respond to Prozac Weekly.
- 4. The patient has previously responded to Prozac Weekly and changing to a formulary agent would incur unacceptable risk (e.g., risk of destabilization).

Sarafem (fluoxetine 10- or 20-mg capsules in special packaging for treatment of premenstrual dysphoric disorder [PMDD])

Please explain why the patient cannot be treated with the formulary version of this product or with sertraline, which is also FDA-approved for the treatment of PMDD. A specific explanation is required for **each** formulary agent.

Formulary Agent	Reason	Explanation
generic fluoxetine	1 2 3 4	
sertraline (Zoloft)	1 2 3 4	

- 1. The formulary agent is contraindicated (e.g., due to hypersensitivity to the agent or an inert ingredient).
- 2. The patient has experienced significant adverse effects with the formulary agent, but is expected to tolerate Sarafem.
- 3. An adequate trial of the formulary agent resulted in therapeutic failure, but the patient is expected to respond to Sarafem.
- 4. The patient has previously responded to Sarafem and changing to a formulary agent would incur unacceptable risk (e.g., risk of destabilization).

## Wellbutrin XL (bupropion extended release)

Please explain why the patient cannot be treated with **any** of the formulary agents listed below, including the formulary version of this product (bupropion sustained release). A specific explanation is required for **each** formulary agent.

Formulary Agent	Reason	Explanation
bupropion sustained release	1 2 3 4	
citalopram	1 2 3 4	
generic fluoxetine	1 2 3 4	
paroxetine immediate release	1 2 3 4	
sertraline (Zoloft)	1 2 3 4	

- 1. The formulary agent is contraindicated (e.g., due to hypersensitivity to the agent or an inert ingredient).
- 2. The patient has experienced significant adverse effects with the formulary agent, but is expected to tolerate Wellbutrin XL.
- 3. An adequate trial of the formulary agent resulted in therapeutic failure, but the patient is expected to respond to Wellbutrin XL.
- 4. The patient has previously responded to Wellbutrin XL and changing to a formulary agent would incur unacceptable risk (e.g., risk of destabilization).

Step 3	I certify the above is correct and accurate to the	best of my knowledge. F	Please sign and date:	
	Prescriber Signature	_	Date	